



FOR IMMEDIATE RELEASE

What: *Dance for Joy: Music to Make Your Holidays Sparkle*
Presented by: The Cape Cod Concert Band
Tom Borning, Conductor
When: **2:00 p.m. Saturday, December 14, 2024**
Where: Barnstable Performing Arts Center
Barnstable High School
Admission: **FREE!!**
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The Cape Cod Concert Band presents *Dance for Joy: Music to Make Your Holidays Sparkle*. From the wildly exuberant *Choose Joy* to the vintage ABBA hit, *Dancing Queen*, it's a program to inspire happy hearts, happy feet, and happy holidays. The concert begins at 2:00 PM on Saturday, December 14, at the Performing Arts Center in Barnstable High School. Admission is free, with donations welcome to fund future concerts.

The Band opens the program with a performance of *Choose Joy* by Randall Standridge, a favorite composer of the CCCB's conductor, Tom Borning. The excellent life advice in the title comes from a high school student who was facing a terminal cancer diagnosis. The music is bold, optimistic, fast-paced, and hands-down happy.

There's seasonal good cheer on offer in *Herald the Holidays*, a quick-moving mash-up of Christmas tunes, and in *The Three Moods of Hanukkah*, a blending of the quick and rhythmic with the more lyrical Hanukkah standards. The wintery *Toboggan*, by contemporary composer JaRod Hall, invites players and audience to go sledding—and to enjoy a very speedy ride. Because joy can be found in quiet moments, too, the program includes a stirring arrangement of *Amazing Grace* by Frank Tichelli and an unusual Manheim Steamroller interpretation of *Stille Nacht*.

To complete this musical infusion of maximum happiness, there are several selections designed for dancing in your seats. Scott Watson's *Joy Dance* is a lively collision of melody and pulsing rhythm, while traditionalists in the dance department will revel in *Dances from the Nutcracker*, arranged by James Curnow. Also featured on the program are two original arrangements by conductor Tom Borning: *Let's Dance* by David Bowie and *Dancing Queen* by ABBA. And yes, it's okay to sing in your seats, too!

The [Cape Cod Concert Band](http://capecodconcertband.org), an all-volunteer 52-piece wind and percussion ensemble, is funded by audience donations, business supporters, and grants from the Mass Cultural Council, the Elizabeth B. McGraw Foundation, and the Cape Cod Melody Tent.